

PERSONAL INFORMATION



Carmen Costea-Bărluțiu

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Sex F | Date of birth 08/06/1980 | Nationality Romanian

WORK EXPERIENCE

1 April 2014 to present

University Lecturer, PhD.

Babeș-Bolyai University, Cluj-Napoca, M. Kogălniceanu 1, Cluj-Napoca

- Course Teaching and Seminars for university undergraduates and postgraduates, in: Counseling and Psychotherapy for people with disabilities and their families, Clinical Psychology of persons with disabilities, Psychology and rehabilitation of persons with motor disabilities, Early Intervention for at risk and disabled children;
 - Volunteering activities (psycho-educational counselling) at the Office for Students with Disabilities, Babeș-Bolyai University, Cluj-Napoca;
- Business or sector** University teaching

2014 to present

Psychotherapist

Private practice

- Assessment of individuals, couples and families with various vulnerabilities and difficulties;
 - Intervention in the field of psychotherapy, using methods and techniques learned during various trainings in the field;
 - Psychotherapeutic interventions for various mental health, emotional difficulties, difficulties within families: anxiety, depression, trauma, pathological grief, personality disorders, substance abuse, addictions, relational difficulties, divorce etc.
- Business or sector** Liberal profession

2010 to 2011

Associated Lecturer

Babeș-Bolyai University, Cluj-Napoca, M. Kogălniceanu 1, Cluj-Napoca

- Post-graduate Courses for educators in the field of Special Education;

Business or sector Training and Lifelong Learning

2008 to 2010

Maternity Leave

2003 to 2008

Special Education Teacher

School for the Visually Impaired Children, Calea Dorobantilor, 31, Cluj-Napoca

- Teaching visually impaired children, first to fourth grade;
- Individualized assessment and intervention for children with visual and multiple disabilities;
- Visual assessment, stimulation and training for children with visual impairments;
- Orientation and mobility for blind children;

Business or sector Special Education, rehabilitation

2005 to 2008

Early Intervention

Paediatric Clinic nr. 4, Cluj-Napoca

- Psychological screening and assessment of children and mother-infant dyads;
- Identification and intervention in psychogenic disorders (of eating) in infants and toddlers;
- Training and supervision of volunteers;

Business or sector Children's Health, early intervention

1999 to 2003

Volunteer, camp counselor

Centre for Volunteering Pro-Vobis, Asklepyos Association, Cluj-Napoca, Foundation for the Junior Blind, Camp Bloomfield, Malibu, California USA

- AIDS prevention activities;
- Preschool education of special ethnic group population (rroma);
- Psychological and educational assistance of children from at-risk families;
- Creative and social activities for children and adults with visual and multiple disabilities and their families;

Business or sector NGO

EDUCATION AND TRAINING

EDUCATION

2010-2014

Unlicensed University Graduate

Babeș-Bolyai University, Cluj-Napoca, Faculty of Psychology and Sciences of Education, Specialization Psychology

2005-2010

PhD diploma

Babeș-Bolyai University, Cluj-Napoca, Faculty of Psychology and Sciences of Education, Specialization Psychology

- Advanced research in psychology (quantitative/ qualitative);
- Assessment and intervention in the field of mental health in early childhood;
- Developmental psychology, social-emotional development;
- Attachment theory;
- Attachment and psychopathology in adulthood;

2003-2004

Masters diploma

Babeș-Bolyai University, Cluj-Napoca, Faculty of Psychology and Sciences of Education, Specialization Inclusive Education;

- Principles for inclusion and inclusive practices for persons with disabilities;
- Research methodology in rehabilitation psychology and special education;

1999-2003

University diploma

Babeș-Bolyai University, Cluj-Napoca, Faculty of Psychology and Sciences of Education, Specialization Special Education

- Special education for persons with various disabilities;
- Developmental psychology;
- Clinical psychology and psychiatry of persons with and without disabilities;
- Counselling and psychotherapy;

1994-1998

Highschool diploma

Andrei Muresanu National College, Dej, Specialization IT&C;

- Information technology;
- Programming languages;

TRAININGS

2012

Trainer of Trainers

National Centre of Training EduExpert, Craiova, Ministry of Work, Family and Social Protection, National Council of Adult Professional Training, Ministry of Education, Research, Youth and Sports, Romania;

2006-2009

Training in Clinical Hypnosis and Ericksonian Psychotherapy (under supervision)

Romanian Association of Clinical Hypnosis, Relaxation and Ericksonian Therapy, Iasi;

2004-2007

Training in Systemic Family and Couple Psychotherapy (autonomous practitioner)

Family Therapy Association Pro-Familia, Miercurea-Ciuc;

2007

Training Course on Lifelong Learning

- Association for Solidarity and Asylum Seekers, Ankara, Turkey;
- 2004-2006 **Focusing oriented person centred psychotherapy (for children)**
Focus Instituut Schardam (Olanda), Focusing Institut New York (SUA), Schweizerische Gessellschaft für Gesprächstherapie und Personzentrierte Beratung (Switzerland);
- 2006 **Training Course “The play as intervention in child psychotherapy, from the perspective of client centred approach”**
Romanian Association of Person Centred Psychotherapy;
- 2005-2006 **Initial Course in Autogenous Training, the Schultz Method**
Certified trainer: Dr. Liana Don, PhD, Cluj-Napoca;
- 2005 **Training Course for teachers working with groups of children with multiple sensory disabilities**
Ministry of Education and Research, Romania, Sense International;
- 2005 **Certification of Definitive teacher**
Ministry of Education and Research and Babes-Bolyai University, Cluj-Napoca;
- 2000 **Professional Certification of Assistant Programmer;**
Ministry of National Education, Romania;

PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
French	B2	C1	B1	B1	B1

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user
Common European Framework of Reference for Languages

Computer skills Advanced use of statistical packages (SPSS™, Lisrel™, AMOS™), Microsoft Office tools
Internet use

Driving licence B

ADDITIONAL INFORMATION

Publications Ionescu, A., Costea-Bărluțiu, C.(2016). A qualitative approach of the association between the toddler’s attachment style and the dyadic interaction with the mother, in *Studia Universitatis Babeş-Bolyai*, 61(2) (English);
Costea-Bărluțiu, C., Cucicea, T. (2016). Potential Risk and Protective Factors for Substance Abuse in a Teenager with Intellectual Disability: Case Description, in *Studia Universitatis Babeş-Bolyai*, 61(1), p. 15-26 (English);
Costea-Bărluțiu, C. (2016). Structural modelling of the complex associations between the quality of mother-child interaction, dimensions of child attachment and social development in early childhood, in Costea-Bărluțiu, C. (coord.&ed.). *Psychosocial approaches of disability. Assessment and intervention models*, Presa Universitară Clujeană, Cluj-Napoca (Romanian);
Pop, I.F., Iclozan, D.A., Costea-Bărluțiu, C., Rusu, A.S. (2016). Sexual Dysfunctional

- Beliefs of Romanian Women (Mothers and Daughters): An Intergenerational Approach, in *The European Proceedings of Social & Behavioural Sciences, ERD: Education, Reflection, Development*, 4th Ed., p. 488-495 (English);
- Bodea-Hațegan, C., Talaș D., Costea-Bărluțiu, C. (2016). Evaluation and Practicing Probe for Reading Fluency Norms for Romanian Speaking Population/ Proba de evaluare și antrenare a fluenței în citire (PEAFC). Valori normative pentru populația românească, in Pop, E. (ed.). *Verbal fluency. Theoretical directions and psycho-educational applications/ Fluența verbală. Direcții teoretice și aplicații psihopedagogice*, Gatinău Symphologic Publishing/ Argonaut, p. 219-240 (Romanian);
- Costea-Bărluțiu, C. (2015). Family system configuration, based on the emotional distances between family members before and after the birth of a child: the role of attachment style, in *Investigation and Research in the Field of Social Sciences*, vol. 28, Limes&Argonaut, Cluj-Napoca, p. 257-286 (Romanian);
- Costea-Bărluțiu, C., Rusu, A.S. (2015). A preliminary investigation of Romanian university teachers' attitudes towards disabilities – a premise for inclusive interactions with students with disabilities, in *Procedia Social and Behavioral Sciences*, 209, p. 572-579 (English);
- Costea-Bărluțiu, C. (2015). Elements of psychological counselling and psychotherapy of persons with disabilities and their families, in Roșan, A. (coord.). *Special Education. Assessment and intervention Models*, Polirom, Iași, p. 525-562 (Romanian);
- Costea-Bărluțiu, C. (2015). Early assessment and intervention of at-risk children and children with disabilities in early childhood, in Roșan, A. (coord.). *Special Education. Assessment and intervention Models*, Polirom, Iași, p. 411-456 (Romanian);
- Costea-Bărluțiu, C., Bălaș- Baconschi, C., Hathazi, A. (2014), A preliminary investigation of a parental stress measure for parents of children with autism spectrum disorders and Down syndrome, in *STUDIA UNIVERSITATIS Babeș-Bolyai*, Series "Psychologia-Paedagogia", 2, p.25-41;
- Roșan, A., Costea-Bărluțiu, C. (2013). Associations between callous-unemotional traits, aggression and psychopathology in detained adolescent males, in *Journal of Cognitive and Behavioral Psychotherapies*, XIII(2), p. 397-407;
- Roșan, A., Runceanu, L.E., Costea-Bărluțiu, C., Pădure, M., Bodea-Hațegan, C., Bălaș-Baconschi, C., Hathazi, A. (2013). Study regarding Special and Inclusive Education, in Roșan, A. (coord.). *The White Book of Special Education*, published online
http://psihoped.psiedu.ubbcluj.ro/caPPS/volum_ro.htm#Studiu_privind_Educația_Specială_și_Incluzivă_-_Cartea_Albă_a_Psihopedagogiei_Speciale (Romanian);
- Costea-Bărluțiu, C. (2013). Assessment methods for the development in infancy and early childhood: implications for risk identification and intervention in early childhood, in Roșan, A. (coord.). *The White Book of Special Education*, published online
http://psihoped.psiedu.ubbcluj.ro/caPPS/volum_ro.htm#Studiu_privind_Educația_Specială_și_Incluzivă_-_Cartea_Albă_a_Psihopedagogiei_Speciale (Romanian);
- Roșan, A., Costea-Bărluțiu, C. (2013). Associations between Callous-Unemotional Traits, Aggression and Psychopathology in Detained Adolescent Males, în *Journal of Cognitive and Behavioral Psychotherapies*, 13(2), p. 397-407 (English);
- Costea-Bărluțiu, C. (2012). Assessment and stimulation of early dyadic interaction between child and adult in the context of the multiple disability, in Hathazi, A. (coord.). *Communication in the context of multiple disability*, Presa Universitară Clujeană, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2011). *The relationship between mother-child interaction, maternal attachment and positive/ negative affect*, în *15th European Conference on Developmental Psychology*, 23-27 august, Bergen, Norway, Medimond International Proceedings, Bologna (English);
- Costea-Bărluțiu, C. (2011). Attachment and psychological well being in adulthood: associations with self-esteem and loneliness, in Milcu, M., Brate, A. (coord.). *Applied research in education, health and social sciences*, Ed. Universitară,

- București, proceedings of the conference Modern research in psychology: directions and perspectives, Sibiu, 3-5 June 2011 (Romanian);
- Costea-Bărluțiu, C. (2011). Screening and assessment of language and communication development in early childhood, in Anca, M. (coord., ed.). *Assessment and intervention in special education. Integrative perspectives*, Presa Universitară Clujeană, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2011). *Psychomotor development, social-emotional functioning, quality of the relationship with the caregiver and mental health in early childhood*, in Studia Universitatis Babeș-Bolyai, Psychologia-Paedagogia, 1, p. 65-76 (English);
- Pamfil, C., Costea, C., Bonat, O., Pop, A., Dumitru, D., Candrea, E., Baban, A., Rednic, S. (2010). The impact of rheumatoid arthritis on quality of life. A single-center experience, poster accepted at the 24th European Health Psychology Conference, Cluj-Napoca, published in the abstract volume *Psychology&Health*, 25(1) (English);
- Costea-Bărluțiu, C. (2010). Psychosocial Factors and Conditions Associated with the Non-organic Failure to Thrive in Infants and Young Children, in *Studia Universitatis Babeș-Bolyai*, Psychologia-Paedagogia LV(1), p. 3-19 (English);
- Costea-Bărluțiu, C. (2010). Clinical disorders, social-emotional and relational factors related to language retardation in infants and young children with nutrition disorders, in Anca, M. (coord. and ed.). *Studies of Special education. Special Education between practice and research*, Presa Universitară Clujeană, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2009). Perspectives on the acquisition and development of language in early childhood, in Anca, M. (coord. and ed.). *Modern trends in the stimulation of communication abilities*, Casa Cărții de Știință, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C., Pintilei, M., Muste, D. (2007). Theoretical background and practical implications of art-therapy, in Preda, V. (coord.). *Elements of special education: Fundamental and applicative research*, EIKON, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2007). Mechanisms and factors of the child's emotional development, in Chipea, F., Cioara, I., Hatos, A., Marian, M., Sas, C. (coord.). *Culture, development, identity. New perspectives*, Expert: București (Romanian);
- Costea-Bărluțiu, C. (2007). Emotional generation and regulation during the early years, in *Educația XXI*, IV(1), (Romanian);
- Costea-Bărluțiu, C., Minică, C. (2006). Premises of the Multifaceted Discrimination within Rroma Education, oral presentation at the national symposium "Management and Methodology of Inclusive Education", CRDEII, Cluj-Napoca – published in the conference volume (Romanian);
- Runceanu, L.E., Costea-Bărluțiu, C. (2006). Special Education Student Attitudes Towards Persons with Disabilities, in *Studia Universitatis Babeș-Bolyai*, Psychologia-Paedagogia, LI(2), p. 97-106 (English);
- Costea-Bărluțiu, C. (2005). Aspects of educational and therapeutic activities in children with multiple disabilities, oral presentation at the national symposium "Management and Methodology of Inclusive Education", CRDEII, Cluj-Napoca – published in the conference volume (Romanian);
- Șendrea, L.E., Costea-Bărluțiu, C. (2004). The use of „Looking Box” software for visual stimulation and training in low vision, in *Educația XXI*, 1, p. 316-326 (Romanian).
- Costea-Bărluțiu, C. (2003). Effectiveness of Kijkdoos Program for the Visual Stimulation and Training of Children with Low Vision, oral presentation at the national symposium "Theoretical and practical orientations in the rehabilitation and inclusion of children with special needs", CRDEII, Cluj-Napoca – published in the conference volume (Romanian);
- Moldovan, C. (2001). Theory of Mind in children with severe congenital visual impairments, CRDEII, Cluj-Napoca – published in the conference volume (Romanian);

Presentations

- Costea-Bărluțiu, C. (2016). *Attachment-based Therapeutic Programs – role in the development of resilience in children with severe disabilities*, workshop conducted at the International Summer School „Alternative and augmentative communication in the context of multiple disability”, Special Education Department, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2016). *Development of verbal communication in early childhood as predictor of the acquisition of literacy during the first school years*, presented at the National Conference „Phonological processing. Key element in the acquisition of oral and written language”, Special Education Department, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2016). *Clinical Factors and Psychotherapeutic Interventions in Functional Dysphony*, presented at the National Conference „The Voice and the Voice Disorders. Interdisciplinary Approaches.”, Special Education Department, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2015). *Implementation of the Social Model of Disability in Higher Education. Increasing Disability Awareness Among Students and Academic Personnel – the Case of BSD*, workshop conducted at the International Student Conference „Youth Participation to Research and Psychosocial Intervention in Contemporary Society”, Social Work Department, Cluj-Napoca (English);
- Costea-Bărluțiu, C. (2015). *Systemic Conceptualization and Psychotherapeutic Interventions for Couples with Narcissistic - Borderline Functioning: Classical and Modern Approaches*, workshop conducted at the international conference Ψ-Quest “The systemic couple and family psychotherapy practice and training process in the 21st century. A dialogue between classical and modern approaches, models and trends”, Cluj-Napoca, Romania (English);
- Costea-Bărluțiu, C. (2015). *Traumatic grief*, workshop conducted at The National Congress of Psychology Students, Alba-Iulia, Romania (Romanian);
- Costea-Bărluțiu, C. (2015). *Characteristics of complicated and traumatic grief in children and teens: assessment and intervention*, speaker at the Meet the Experts session, postgraduate course “Emergencies in child and adolescent psychiatry”, Medicine and Pharmacy University “Iuliu Hațieganu”, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2015). *Defining personal boundaries in early adulthood from a family systems theory perspective*, workshop conducted at the International Conference of Psychology Students, Cluj-Napoca, Romania (English);
- Costea-Bărluțiu, C. (2015). *Implementation of Social Model of Disability in Higher Education*, workshop at the International Student Conference „Youth participation to research and psychosocial intervention in contemporary society”, Cluj-Napoca (English);
- Roșan, A., Costea-Bărluțiu, C. (2014). Association between the attitude toward sexuality and sexual behavior, in interpersonal and attachment relationships, National Conference of Sex Psychology, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2012). The Process of Personal Growth in the Face of Trauma, Grief and Loss, Grievings 2012, Annual International Conference of the Institute of English Cultures and Literatures University of Silesia in Katowice, Poland (English);
- Roșan, A., Costea-Bărluțiu, C. (2012). Callous-Unemotional Traits, Aggression and Psychopathology in Detained Adolescent Males, Modern research in psychology: Directions and perspectives?, Sibiu, 25-27 May 2012 (Romanian);
- Costea-Bărluțiu, C. (2011). The complex associations between attachment, self-evaluation and social and emotional loneliness in young adult women, 20th Ramiro and Zoran Bujas’ Days, Zagreb (English);
- Costea-Bărluțiu, C. (2011). The relationship between mother-child interaction, maternal attachment and positive/ negative affect, European Conference of Developmental Psychology, ECDP, Bergen (English);
- Sarbu, E., Pamfil, C., Costea, C., Cosma, L., Damian, L., Siao-Pin S., Filipescu, I., Muntean, L., Felea, I., Tamas, M.M., Nedelcut C., Rednic, S. (2010). Quality of life and depression in rheumatoid arthritis, Romanian Congress of

- Rheumatology, Braşov (Romanian);
- Pintilei, M., Costea-Bărluțiu, C. (2007). Eclectic approach of theoretical background in art therapy, *National Conference for the Promotion of Art Therapy*, 3rd ed., Bucureşti (Romanian);
- Costea-Bărluțiu, C. (2007). Systemic approach of behaviour disorders, National symposium on education, Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C. (2007). Cognitive-behavioral techniques in therapeutic approach of children with multiple disabilities, National symposium "Traditional and modern approaches in special education, Timișoara;
- Pintilei, M., Costea-Bărluțiu, C., Muste, D. (2006). Theoretical and practical approach to art-therapy, Interdisciplinary symposium „The role of art-therapy in personal development”, DGASPC („Țândărică” Centre), Cluj-Napoca (Romanian);
- Costea-Bărluțiu, C., Costea-Bărluțiu, R. (2006). Fractals in art-therapy, Interdisciplinary symposium „The role of art-therapy in personal development”, DGASPC („Țândărică” Centre), Cluj-Napoca (Romanian)
- Costea-Bărluțiu, C. (2006). Mechanism and factors of early emotional development, Scientific symposium, Faculty of *Social-Humanistic Sciences*, Oradea (Romanian);
- Costea-Bărluțiu, C. (2006). *Working in a Focusing Way with Severe Chronically Ill Infants in a Clinical Setting*, Focusing with Children, 5th International Conference, Cluj-Napoca – part of the organizing committee and group moderator (English);
- Costea-Bărluțiu, C. (2005). Body scheme formation as part of spatial organization for children with multiple disabilities, „Education, therapy or personal assistance?”, Bucharest (Romanian);
- Minică, C., Costea-Bărluțiu, C. (2005). Particularities of ADHD in blind children, Interdisciplinary symposium „ADHD and emotional intelligence”, „Țândărică” Centre, Cluj-Napoca (Romanian);
- Moldovan, C. (2003). Visual stimulation and training for children with low vision, Students’ Scientific Communications, „Al.I.Cuza” University, Iași (Romanian);
- Moldovan, C. (2001). Attention deficit hyperactivity disorder in children and young persons, Students’ Scientific Communications, „Al.I.Cuza” University, Iași (Romanian);
- Moldovan, C. (2001). *ADHD: Therapeutic approaches*, Education XXI, University of Oradea (Romanian);

Membership in National and International Projects

- 21.07.2016 – 30.09.2016 – expert European Commission Erasmus+ Project „Effective Education for People Working with Vulnerable Persons”, project coordinator for Romania Prof. Adrian Roşan, PhD.;
- 2016 – present – coordinator Research Lab on Early Intervention RIDES: Risk, Disability and Early Intervention for Children and Families, Special Education Department, Cluj-Napoca, with Assoc. Prof. Andrea Hathazi, PhD.
<http://psihoped.psiedu.ubbcluj.ro/index.php/mini-laboratoare-de-cercetare/630-laborator-de-cercetare-in-domeniul-interventiei-timpurii>
- 2014 – present – member, collaborative project of applied research, „Platforma de screening psihopedagogic și intervenții interdisciplinare (terapie ocupațională asistată de animale) pentru îmbogățirea socio-emoțională a copiilor cu autism și a familiilor lor”, coord. Assoc.Prof. Alina Simona Rusu, PhD. PN-II-PT-PCCA-2013-4-0781
- 14-21 June 2016 – teaching mobility Erasmus+ Mobility Program with partner countries (ENI 2015/2016), Gordon College, Haifa, Israel;
- 6-20 July 2014 – Erasmus Program „Personal and Shared Strategies for Teachers in Web 2.0”, Intensive Program, coord. The Padagogische Hochschule OO, Austria, with Tallinn University, EE, University of Latvia, LV; University of Ljubljana, SI, Babeş-Bolyai Univ., RO, Johannes Gutenberg Univ., DE, Constantine the Philosopher Univ., SK, University of Rijeka, HR, Linz, Austria, project coordinator for Assoc. Prof. Andrea Hathazi, PhD.;

Attendance at Conferences

- 2016 – participation at „Case Conceptualization and Interventions in Severe Mental

Seminars
Workshops

- Illnesses Based on the Model of Contextual Family Therapy”, workshop conducted by Prof. Catherine Ducommun-Nagy, M.D. (20 hours);
- 2016 – participation at „The need of a secure base in adolescence”, seminary conducted by Prof. Jude Cassidy, Ph.D., Cluj-Napoca;
- 2016 – participation at „Core Sensitivities: An Understanding of Defensive Process within Everyday Experience”, May 18-21, seminary conducted by Kent Hoffman, Circle of Security International, Acord Center for Attachment, Cluj-Napoca;
- 2016 – participant at the National Conference „Inclusive Education for the Blind - Barriers and Opportunities”, Special Education Department, Cluj-Napoca;
- 2015 – organizer, speaker and participant at the International Conference Ψ -Quest “The systemic couple and family psychotherapy practice and training process in the 21st century. A dialogue between classical and modern approaches, models and trends”, Cluj-Napoca, Romania (20 hours);
- 2015 – participant at the European Conference „School Education – a chance to integration of the children with special educational needs”, Faculty of Psychology and Sciences of Education, Erasmus+ Study Visit, Romanian National Agency for Erasmus+ Programme, Cluj-Napoca;
- 2015 – participant at „Networking for social and professional inclusion of persons with disabilities” conference, City of Kuurne, Ubuntu Group, Ghent University, Belgium, Department of Special Education, the Association for the protection and support of motor disabled persons (APAHM), Cluj-Napoca;
- 2015 – participant at „Supporting the Social and Emotional Development of Young Children”, workshop conducted by Assoc. Prof. Sharon Doubet, Ph.D., Illinois State University, USA, at the Special Education Department, Cluj-Napoca;
- 2015 – participant at „Inclusion matters: access and empowerment for people of all abilities”, the Special Education Department and „Be Inclusive” Association, Cluj-Napoca;
- 2015 – participant at „Grief Psychotherapy, centered on the family system in the case of the death of an adult, child/ teenager”, workshop conducted by Školka Enikő, Cluj-Napoca (20 hours);
- 2014 – participant at the EFTA-TIC Conference „Reconciliation of family and professional life in training: Experience and directions” – 8th Meeting of Trainers, European Family Therapy Association Training Institutes Chambers, Iași (Institute for Couple and Family), Romania;
- 2014 – participant at “Interdisciplinary approaches in the therapy of voice disorders” workshop at the Special Education Department, Cluj-Napoca;
- 2013 – workshop “Systemic approach of sexual disorders from the perspective of Attachment theory and Object-relations theory”, conducted by dr. Katalin Barat and “Pro-Familia” Family Therapy Association, Cluj-Napoca (10 hours);
- 2012 – International Symposium on Clinical Psychology. Workshops on Empirically-Supported Interventions, Brasov (12 hours);
- 2012 – work-shop „Attachment in psychotherapy”, conducted by Prof. Horst Kachele, PhD and Prof. Vasile Dem. Zamfirescu, PhD, București (10 hours);
- 2011 – work-shop „Emotion-focused couple therapy in practice”, conducted by dr. Katalin Barat, Cluj-Napoca (10 hours);
- 2010 – work-shop „Specific of children involvement in family therapy. Therapeutic potential of dialog and non-verbal symbols”, conducted by Školka Enikő, PhD and Orbán Mária, Cluj-Napoca (8 hours);
- 2010 – participant at the national Conference “Special Education between practice and research. Language disorders in children and adults. Assessment and Intervention”, Cluj-Napoca;
- 2009 – National Conference „Oral and gestural communication. Complementarities and diversity”, Cluj-Napoca;
- 2009 – International Conference of Ericksonian Hypnopschotherapy “Integration and diversity in Ericksonian Hypnopschotherapy”, Cluj-Napoca;
- 2008 – “Typhlo & Tactus” Conference, School for the Visually impaired Children and “Les Doigts Qui Revent” Ed.;
- 2006 - work-shop „Psychotherapy of the terminally ill person and his family”, Školka Enikő, PhD, Cluj-Napoca (10 hours);

2005 – training by the Hungarian Association of Family Therapy, Dr. Barat Katalin and Skolka Eniko, PhD, Cluj-Napoca (50 hours);
2005 International Conference of Family Psychotherapy “The Family between Choice and Constraint”, Oradea;
2005 - work-shop „Family Psychotherapy and communication process”, Komlosi Piroska, PhD, Cluj-Napoca (8 hours);
2005 - work-shop „Forgiveness in family psychotherapy”, Szekely Ilona, Cluj-Napoca (10 hours);
2004 – Workshop „Family and Couple Object-relations therapy”, Scharff, J.S., Scharff, D.E., Budapest (8 hours);
2003 - Conference „Linking Globally: Acting Locally. Working with the disabled community towards a more inclusive society”, Cluj-Napoca;
2002 – „National Workshop of VISIO Foundation”, Groningen, Olanda;
2002 – Visual and tactile functioning, assessment, stimulation and training, VISIO (Holland) and Babes-Bolyai University, Cluj-Napoca, Faculty of Psychology and Sciences of education, Special Education Department;
2002 – training in the rehabilitation of visually impaired persons (VISIO, Holland and Babeș-Bolyai Univ., Cluj-Napoca).

Memberships

Society for Emotion and Attachment Studies (SEAS);
Member of the research team Psi-Quest (coordinator Psychotherapist Skolka Eniko, PhD), 2013 – present;
Romanian Psychotherapy Federation;
Family Systems Therapy Association „Pro Familia”, Miercurea-Ciuc;
European Association of Developmental Psychology;
Romanian College of Psychologists.